



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Keite, Günter**

Club: Skiclub Schmallenberg  
Number: 19

Course: 17.50 km  
Panorama-Walking / Nordic Walking

Category:  
Männer

Total time: 2:28:29

Speed: 6.87 km/h  
Running performance: 8:29 min/km

Rank in course/Total: 16 (of 29)

Rank in course/Men: 11 (of 17)

Best time in course: 1:36:41

Rank in category: 11(of 17)

Best time in the category: 1:36:41

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 5.00     | 44:01      | 8:48         | 9           | 13:29       | 9       | 13:29      | 5.00          | 44:01      | 8:48         | 9        | 13:29       | 9       | 13:29      |
| Lap 2              | 3.00     | 27:25      | 9:08         | 11          | 10:29       | 11      | 10:29      | 8.00          | 1:11:26    | 8:55         | 9        | 23:56       | 9       | 23:56      |
| Last lap Ziel Hen  | 9.50     | 1:17:03    | 8:06         | 10          | 27:52       | 10      | 27:52      | 17.50         | 2:28:29    | 8:29         | 11       | 51:48       | 11      | 51:48      |