



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Schwarberg, Jürgen**

Club: Stadtwerke Sundern  
Number: 115

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:21:49

Speed: 12.47 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 32 (of 123)

Rank in course/Men: 29 (of 98)

Best time in course: 1:04:30

Rank in category: 4(of 15)

Best time in the category: 1:09:43

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	25:01	5:00	3	3:09	21	5:17	5.00	25:01	5:00	3	3:09	21	5:17
Lap 2	3.00	14:13	4:44	4	2:13	26	3:03	8.00	39:14	4:54	3	5:22	22	8:20
Last lap Ziel Hen	9.50	42:35	4:28	5	6:44	33	8:59	17.50	1:21:49	4:40	4	12:06	29	17:19