



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Fliege, Gabi**

Club: SUS Oberaden  
Number: 65

Course: 17.50 km  
Panorama Lauf

Category:  
Seniorinnen W60 (60-64 Jahre)

Total time: 1:38:18

Speed: 10.38 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 94 (of 123)  
Rank in course/Women: 15 (of 25)  
Best time in course: 1:19:22

Rank in category: 1(of 1)  
Best time in the category: 1:38:18

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	32:17	6:27	1	-	16	7:31	5.00	32:17	6:27	1	-	16	7:31
Lap 2	3.00	16:51	5:37	1	-	10	2:54	8.00	49:08	6:08	1	-	15	10:25
Last lap Ziel Hen	9.50	49:10	5:10	1	-	10	9:40	17.50	1:38:18	5:37	1	-	15	18:56