



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Bartsch, Meinolf

Club: SuS Phönix Bielefeld 09
Number: 56

Course: 17.50 km
Panorama Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:18:59

Speed: 12.91 km/h
Running performance: 4:31 min/km

Rank in course/Total: 16 (of 123)

Rank in course/Men: 16 (of 98)

Best time in course: 1:04:30

Rank in category: 1(of 10)

Best time in the category: 1:18:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	25:02	5:00	1	-	22	5:18	5.00	25:02	5:00	1	-	22	5:18
Lap 2	3.00	13:58	4:39	1	-	20	2:48	8.00	39:00	4:52	1	-	20	8:06
Last lap Ziel Hen	9.50	39:59	4:12	2	0:12	13	6:23	17.50	1:18:59	4:30	1	-	16	14:29