



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Blotenberg, Thorsten

Club: Suttroper KG
Number: 11

Course: 17.50 km
Panorama-Walking / Nordic Walking

Category:
Männer

Total time: 2:04:48

Speed: 8.17 km/h
Running performance: 7:08 min/km

Rank in course/Total: 7 (of 29)

Rank in course/Men: 5 (of 17)

Best time in course: 1:36:41

Rank in category: 5(of 17)

Best time in the category: 1:36:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 5.00 | 38:53 | 7:46 | 5 | 8:21 | 5 | 8:21 | 5.00 | 38:53 | 7:46 | 5 | 8:21 | 5 | 8:21 |
| Lap 2 | 3.00 | 21:21 | 7:07 | 6 | 4:25 | 6 | 4:25 | 8.00 | 1:00:14 | 7:31 | 5 | 12:44 | 5 | 12:44 |
| Last lap Ziel Hen | 9.50 | 1:04:34 | 6:47 | 6 | 15:23 | 6 | 15:23 | 17.50 | 2:04:48 | 7:07 | 5 | 28:07 | 5 | 28:07 |