



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Kisse, Diana

Club: SW Marienfeld
Number: 22

Course: 17.50 km
Panorama-Walking / Nordic Walking

Category:
Frauen

Total time: 2:36:54

Speed: 6.50 km/h
Running performance: 8:58 min/km

Rank in course/Total: 21 (of 29)
Rank in course/Women: 8 (of 12)
Best time in course: 1:56:28

Rank in category: 8(of 12)
Best time in the category: 1:56:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	48:31	9:42	7	14:36	7	14:36	5.00	48:31	9:42	7	14:36	7	14:36
Lap 2	3.00	27:54	9:17	7	7:42	7	7:42	8.00	1:16:25	9:33	7	22:18	7	22:18
Last lap Ziel Hen	9.50	1:20:29	8:28	7	18:08	7	18:08	17.50	2:36:54	8:57	8	40:26	8	40:26