



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Scholz, Markus

Club: Team Wikinger
Number: 181

Course: 17.50 km
Panorama Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:33:32

Speed: 11.23 km/h
Running performance: 5:20 min/km

Rank in course/Total: 67 (of 123)

Rank in course/Men: 61 (of 98)

Best time in course: 1:04:30

Rank in category: 8(of 15)

Best time in the category: 1:09:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	28:17	5:39	7	6:25	57	8:33	5.00	28:17	5:39	7	6:25	57	8:33
Lap 2	3.00	16:20	5:26	8	4:20	64	5:10	8.00	44:37	5:34	7	10:45	60	13:43
Last lap Ziel Hen	9.50	48:55	5:08	9	13:04	67	15:19	17.50	1:33:32	5:20	8	23:49	61	29:02