



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Schachtschneider, Alfred

Club: TGH Wetter
Number: 107

Course: 17.50 km
Panorama Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:52:48

Speed: 9.04 km/h
Running performance: 6:27 min/km

Rank in course/Total: 114 (of 123)

Rank in course/Men: 92 (of 98)

Best time in course: 1:04:30

Rank in category: 6(of 6)

Best time in the category: 1:29:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	34:00	6:47	5	5:36	90	14:16	5.00	34:00	6:47	5	5:36	90	14:16
Lap 2	3.00	18:27	6:08	5	2:54	87	7:17	8.00	52:27	6:33	5	8:30	87	21:33
Last lap Ziel Hen	9.50	1:00:21	6:21	5	15:08	92	26:45	17.50	1:52:48	6:26	6	23:38	92	48:18