



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Kalläne, Sven**

Club: Tri Star Oelde  
Number: 80

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:20:12

Speed: 12.72 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 24 (of 123)

Rank in course/Men: 22 (of 98)

Best time in course: 1:04:30

Rank in category: 5(of 12)

Best time in the category: 1:04:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	25:43	5:08	6	5:59	28	5:59	5.00	25:43	5:08	6	5:59	28	5:59
Lap 2	3.00	14:06	4:42	5	2:56	25	2:56	8.00	39:49	4:58	5	8:55	25	8:55
Last lap Ziel Hen	9.50	40:23	4:15	4	6:47	18	6:47	17.50	1:20:12	4:34	5	15:42	22	15:42