



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Peters, Diana

Club: Tritus SV Neptun Neheim-Hüsten
Number: 522

Course: 10.00 km
Uferweglauf lang

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 43:58

Speed: 13.65 km/h
Running performance: 4:24 min/km

Rank in course/Total: 17 (of 64)
Rank in course/Women: 2 (of 20)

Best time in course: 40:46

Rank in category: 1(of 2)

Best time in the category: 43:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	21:39	4:19	1	-	2	1:33	5.00	21:39	4:19	1	-	2	1:33
Last lap Ziel Hen	5.00	22:19	4:27	1	-	2	1:39	10.00	43:58	4:23	1	-	2	3:12