



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Schotter, Benjamin

Club: Tritus-SV-Neptun-Weheim-Hürten
Number: 566

Course: 10.00 km
Uferweglauf lang

Category:
Senioren M35 (35-39 Jahre)

Total time: 42:52

Speed: 14.00 km/h
Running performance: 4:17 min/km

Rank in course/Total: 13 (of 64)

Rank in course/Men: 12 (of 44)

Best time in course: 35:40

Rank in category: 4(of 5)

Best time in the category: 35:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	21:36	4:19	4	4:03	13	4:03	5.00	21:36	4:19	4	4:03	13	4:03
Last lap Ziel Hen	5.00	21:16	4:15	4	3:09	12	15:59	10.00	42:52	4:17	4	7:12	12	7:12