



### 3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Wandmacher, Dorothee**

Club: TSV Bigge-Olsberg  
Number: 567

Course: 10.00 km  
Uferweglauf lang

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 54:24

Speed: 11.03 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 45 (of 64)  
Rank in course/Women: 11 (of 20)

Best time in course: 40:46  
Rank in category: 3(of 3)  
Best time in the category: 49:14

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	27:32	5:30	3	3:31	11	7:26	5.00	27:32	5:30	3	3:31	11	7:26
Last lap Ziel Hen	5.00	26:52	5:22	3	1:39	9	6:12	10.00	54:24	5:26	3	5:10	11	13:38