



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Bullert, Lothar

Club: TUS Breckenfeld
Number: 565

Course: 10.00 km
Uferweglauf lang

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:04:29

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 58 (of 64)

Rank in course/Men: 43 (of 44)

Best time in course: 35:40

Rank in category: 1(of 1)

Best time in the category: 1:04:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	31:50	6:21	1	-	37	14:17	5.00	31:50	6:21	1	-	37	14:17
Last lap Ziel Hen	5.00	32:39	6:31	1	-	38	27:22	10.00	1:04:29	6:26	1	-	43	28:49