



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Besler, Karl-Heinz

Club: TUS Breckerfeld
Number: 505

Course: 10.00 km
Uferweglauf lang

Category:
Senioren M65 (65-69 Jahre)

Total time: 53:12

Speed: 11.28 km/h
Running performance: 5:19 min/km

Rank in course/Total: 40 (of 64)

Rank in course/Men: 31 (of 44)

Best time in course: 35:40

Rank in category: 1(of 1)

Best time in the category: 53:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	26:58	5:23	1	-	32	9:25	5.00	26:58	5:23	1	-	32	9:25
Last lap Ziel Hen	5.00	26:14	5:14	1	-	26	20:57	10.00	53:12	5:19	1	-	31	17:32