



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

**Turco, Claudio**

Club: TV Neheim  
Number: 559

Course: 10.00 km  
Uferweglauf lang

Category:  
Männer (20-29 Jahre)

**Total time: 37:23**

Speed: 16.05 km/h  
Running performance: 3:44 min/km

Rank in course/Total: 2 (of 64)

Rank in course/Men: 2 (of 44)

Best time in course: 35:40

Rank in category: 1(of 5)

Best time in the category: 37:23

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	18:46	3:45	1	-	2	1:13	5.00	18:46	3:45	1	-	2	1:13
Last lap Ziel Hen	5.00	18:37	3:43	1	-	3	13:20	10.00	37:23	3:44	1	-	2	1:43