



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Schwarzkopp, Britta

Number: 12

Course: 17.50 km

Panorama-Walking / Nordic Walking

Category:

Frauen

Total time: 2:12:59

Speed: 7.67 km/h

Running performance: 7:36 min/km

Rank in course/Total: 8 (of 29)

Rank in course/Women: 3 (of 12)

Best time in course: 1:56:28

Rank in category: 3(of 12)

Best time in the category: 1:56:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	40:30	8:05	3	6:35	3	6:35	5.00	40:30	8:05	3	6:35	3	6:35
Lap 2	3.00	22:57	7:38	3	2:45	3	2:45	8.00	1:03:27	7:55	3	9:20	3	9:20
Last lap Ziel Hen	9.50	1:09:32	7:19	3	7:11	3	7:11	17.50	2:12:59	7:35	3	16:31	3	16:31