



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Hoffmann, Marius

Number: 171

Course: 17.50 km

Panorama Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:18:15

Speed: 13.04 km/h

Running performance: 4:28 min/km

Rank in course/Total: 12 (of 123)

Rank in course/Men: 12 (of 98)

Best time in course: 1:04:30

Rank in category: 2(of 9)

Best time in the category: 1:15:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	24:10	4:50	1	-	9	4:26	5.00	24:10	4:50	1	-	9	4:26
Lap 2	3.00	13:33	4:30	2	0:22	13	2:23	8.00	37:43	4:42	2	0:21	12	6:49
Last lap Ziel Hen	9.50	40:32	4:15	2	2:33	19	6:56	17.50	1:18:15	4:28	2	2:54	12	13:45