



### 3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

#### Detailed evaluation

Scheeren, Melanie

Number: 543

Course: 10.00 km  
Uferweglauf lang

Category:  
Frauen (20-29 Jahre)

Total time: 1:00:09

Speed: 9.98 km/h

Running performance: 6:01 min/km

Rank in course/Total: 55 (of 64)

Rank in course/Women: 13 (of 20)

Best time in course: 40:46

Rank in category: 3(of 4)

Best time in the category: 47:09

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.00	fehlt!	-	-	-	-	-	5.00	-	-	-	-	-	-
Last lap Ziel Hen	5.00	1:00:09	12:01	4	36:25	20	39:29	10.00	1:00:09	6:00	3	13:00	13	19:23