



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Wahl, Patricia

Club: Tritus SV Neptun Neheim-Hüsten
Number: 534

Course: 10.00 km
Uferweglauf lang

Category:
Frauen (20-29 Jahre)

Total time: 47:09

Speed: 12.73 km/h
Running performance: 4:43 min/km

Rank in course/Total: 25 (of 64)
Rank in course/Women: 3 (of 20)
Best time in course: 40:46

Rank in category: 1(of 4)
Best time in the category: 47:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 5.00 | 23:25 | 4:41 | 1 | - | 3 | 3:19 | 5.00 | 23:25 | 4:41 | 1 | - | 3 | 3:19 |
| Last lap Ziel Hen | 5.00 | 23:44 | 4:44 | 1 | - | 5 | 3:04 | 10.00 | 47:09 | 4:42 | 1 | - | 3 | 6:23 |