



3. Hennesee Panoramalauf

Meschede - Hennesee / 19.04.2015

Detailed evaluation

Walking, 8626946

Number: 0

Course: 17.50 km

Panorama-Walking / Nordic Walking

Category:

Männer

Total time: 2:26:54

Speed: 7.15 km/h

Running performance: 8:23 min/km

Rank in course/Total: 12 (of 29)

Rank in course/Men: 8 (of 17)

Best time in course: 1:36:41

Rank in category: 8(of 17)

Best time in the category: 1:36:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.00	1:19:13	15:50	16	48:41	16	48:41	5.00	1:19:13	15:50	16	48:41	16	48:41
Lap 2	3.00	16:56	5:38	1	-	1	-	8.00	1:36:09	12:01	16	48:39	16	48:39
Last lap Ziel Hen	9.50	50:45	5:20	2	1:34	2	1:34	17.50	2:26:54	8:23	8	50:13	8	50:13