



3. Hennesee Panoramalauf Meschede - Hennesee / 19.04.2015

Detailed evaluation

Nockemann, Sophie

Club: LAC / TuS Rumbeck

Number: 649

Course: 1.00 km

Kinder- und Jugendlauf

Category:

weibliche Kinder U10 (8-9 Jahre)

Total time: 4:01

Speed: 14.94 km/h

Running performance: 4:01 min/km

Rank in course/Total: 96 (of 165)

Rank in course/Women: 43 (of 77)

Best time in course: 2:58

Rank in category: 13(of 27)

Best time in the category: 3:29