



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Zimmermann-Michallek, Marcus

Total time: 1:31:10

Club: kein Verein

Number: 219

Course: 25.70 km

Rank in course/Total: 67 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 53 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 5(of 6)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	17:24	24:51	5	6:01	61	8:06	0.70	17:24	24:51	5	6:01	61	8:06
Wechsel S -> R	-	3:11	-	4	1:21	50	1:38	0.70	20:35	29:24	5	7:22	54	9:39
Schwimmen Total	0.70	20:35	29:24	5	7:22	54	9:39	0.70	20:35	29:24	5	7:22	54	9:39
Rad netto	20.00	48:19	2:24	6	11:56	75	14:32	20.70	1:08:54	3:19	5	19:18	71	24:10
Wechsel R -> L	-	2:00	-	4	0:36	47	0:57	20.70	1:10:54	3:25	5	19:54	70	24:59
Rad Total	20.00	50:19	2:30	6	12:32	73	15:21	20.70	1:10:54	3:25	5	19:54	70	24:59
Lauf	5.00	20:16	4:03	2	0:27	12	2:48	25.70	1:31:10	3:32	5	17:56	53	27:15