



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

**Terstesse, Christian**

**Total time: 2:32:33**

Club: TSVE 1890 Bielefeld

Number: 396

Course: 55.40 km

Rank in course/Total: 3 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 3 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 3(of 22)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:25:03

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time		min/km
Schwimmen nett	1.40	24:49	17:43	6	9:51	13	9:51	1.40	24:49	17:43	6	9:51	13	9:51
Wechsel S -> R	-	2:16	-	2	0:18	3	0:18	1.40	27:05	19:20	5	2:24	9	3:09
Schwimmen Total	1.40	27:05	19:20	5	2:24	9	3:09	1.40	27:05	19:20	5	2:24	9	3:09
Rad netto	44.00	1:19:41	1:48	1	-	4	1:19:39	45.40	1:46:46	2:21	3	2:01	6	1:21:11
Wechsel R -> L	-	1:41	-	4	0:15	5	0:15	45.40	1:48:27	2:23	3	2:15	3	2:15
Rad Total	44.00	1:21:22	1:50	2	0:09	2	0:09	45.40	1:48:27	2:23	3	2:15	3	2:15
Lauf	10.00	44:06	4:24	5	5:15	7	5:15	55.40	2:32:33	2:45	3	7:30	3	7:30