



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Leismann, Markus

Total time: 1:32:58

Club: BSG Trilux

Number: 117

Course: 25.70 km

Rank in course/Total: 71 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 57 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 9(of 14)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:01	21:27	6	1:48	36	5:43	0.70	15:01	21:27	6	1:48	36	5:43
Wechsel S -> R	-	3:12	-	8	0:56	51	1:39	0.70	18:13	26:01	6	2:37	39	7:17
Schwimmen Total	0.70	18:13	26:01	6	2:37	39	7:17	0.70	18:13	26:01	6	2:37	39	7:17
Rad netto	20.00	45:38	2:16	12	9:23	63	11:51	20.70	1:03:51	3:05	9	11:04	52	19:07
Wechsel R -> L	-	2:07	-	8	0:43	59	1:04	20.70	1:05:58	3:11	9	11:15	52	20:03
Rad Total	20.00	47:45	2:23	10	9:34	61	12:47	20.70	1:05:58	3:11	9	11:15	52	20:03
Lauf	5.00	27:00	5:24	12	6:04	73	9:32	25.70	1:32:58	3:37	9	17:19	57	29:03