



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Stappert, Alexander

Total time: 1:33:29

Club: Stappert Dachkonzepte

Number: 124

Course: 25.70 km

Rank in course/Total: 73 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 59 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 10(of 13)

AK2 männlich (25-29 Jahre)

Best time in the category: 1:04:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	16:39	23:47	6	7:21	53	7:21	0.70	16:39	23:47	6	7:21	53	7:21
Wechsel S -> R	-	2:42	-	6	1:04	28	1:09	0.70	19:21	27:38	6	8:25	47	8:25
Schwimmen Total	0.70	19:21	27:38	6	8:25	47	8:25	0.70	19:21	27:38	6	8:25	47	8:25
Rad netto	20.00	45:54	2:17	8	11:27	64	12:07	20.70	1:05:15	3:09	7	19:36	55	20:31
Wechsel R -> L	-	4:10	-	13	2:46	85	3:07	20.70	1:09:25	3:21	9	22:22	62	23:30
Rad Total	20.00	50:04	2:30	10	14:05	72	15:06	20.70	1:09:25	3:21	9	22:22	62	23:30
Lauf	5.00	24:04	4:48	10	6:36	54	6:36	25.70	1:33:29	3:38	10	28:58	59	29:34