



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Austermann, Peter

Total time: 1:33:56

Club: SC Relax Beckum

Number: 102

Course: 25.70 km

Rank in course/Total: 76 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 61 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 3(of 4)

Senioren 4 (55-59 Jahre)

Best time in the category: 1:25:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:04	21:31	1	-	37	5:46	0.70	15:04	21:31	1	-	37	5:46
Wechsel S -> R	-	2:58	-	3	0:29	42	1:25	0.70	18:02	25:45	1	-	35	7:06
Schwimmen Total	0.70	18:02	25:45	1	-	35	7:06	0.70	18:02	25:45	1	-	35	7:06
Rad netto	20.00	45:05	2:15	3	4:30	61	11:18	20.70	1:03:07	3:02	3	1:51	49	18:23
Wechsel R -> L	-	2:05	-	3	0:36	54	1:02	20.70	1:05:12	3:08	3	2:11	49	19:17
Rad Total	20.00	47:10	2:21	3	4:50	58	12:12	20.70	1:05:12	3:08	3	2:11	49	19:17
Lauf	5.00	28:44	5:44	3	6:10	75	11:16	25.70	1:33:56	3:39	3	8:21	61	30:01