



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Jost, Pia

Total time: 12:19

Club: TV Neheim

Number: 10

Course: 1.94 km

Rank in course/Total: 14 (of 15)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Women: 7 (of 8)

Best time in course: 8:17

Category:

Rank in category: 3(of 4)

weibliche Schüler C (8+9 Jahre)

Best time in the category: 9:07

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.04	1:06	27:30	2	0:04	5	0:29	0.04	1:06	27:30	2	0:04	5	0:29
Wechsel S -> R	-	4:28	-	3	2:30	7	2:37	0.04	5:34	139:09	3	2:34	7	3:06
Schwimmen Total	0.04	5:34	139:09	3	2:34	7	3:06	0.04	5:34	139:09	3	2:34	7	3:06
Rad netto	1.50	3:31	2:20	1	-	4	3:28	1.54	9:05	5:53	3	6:05	7	6:10
Wechsel R -> L	-	1:18	-	1	-	4	0:24	1.54	10:23	6:44	3	3:17	7	3:55
Rad Total	1.50	4:49	3:12	2	0:43	5	0:57	1.54	10:23	6:44	3	3:17	7	3:55
Lauf	0.40	1:56	4:49	1	-	2	0:09	1.94	12:19	6:20	3	3:12	7	4:02