



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Hoffmann, Andrea

Total time: 1:36:29

Club: TC Kirchhundem

Number: 195

Course: 25.70 km

Rank in course/Total: 85 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 17 (of 26)

Best time in course: 1:12:25

Category:

Rank in category: 2(of 2)

Seniorinnen 4 (55-59 Jahre)

Best time in the category: 1:25:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Schwimmen nett	0.70	15:41	22:24	1	-	15	4:31	0.70	15:41	22:24	1	-	15	4:31
Wechsel S -> R	-	4:04	-	2	1:20	22	2:20	0.70	19:45	28:12	2	0:57	18	6:51
Schwimmen Total	0.70	19:45	28:12	2	0:57	18	6:51	0.70	19:45	28:12	2	0:57	18	6:51
Rad netto	20.00	46:36	2:19	2	4:34	16	7:36	20.70	1:06:21	3:12	2	5:31	16	14:27
Wechsel R -> L	-	2:56	-	2	1:08	25	1:53	20.70	1:09:17	3:20	2	6:39	16	16:15
Rad Total	20.00	49:32	2:28	2	5:42	16	9:24	20.70	1:09:17	3:20	2	6:39	16	16:15
Lauf	5.00	27:12	5:26	2	3:58	18	7:49	25.70	1:36:29	3:45	2	10:37	17	24:04