



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

Gerling, Martin

Total time: 2:38:19

Club: ohne

Number: 373

Course: 55.40 km

Rank in course/Total: 8 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 8 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 2(of 7)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:34:06

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	22:58	16:24	1	-	6	8:00	1.40	22:58	16:24	1	-	6	8:00
Wechsel S -> R	-	2:47	-	1	-	12	0:49	1.40	25:45	18:23	1	-	6	1:49
Schwimmen Total	1.40	25:45	18:23	1	-	6	1:49	1.40	25:45	18:23	1	-	6	1:49
Rad netto	44.00	1:26:20	1:57	3	1:26:16	18	1:26:18	45.40	1:52:05	2:28	2	1:05:52	11	1:26:30
Wechsel R -> L	-	2:07	-	1	-	18	0:41	45.40	1:54:12	2:30	1	-	7	8:00
Rad Total	44.00	1:28:27	2:00	2	3:34	15	7:14	45.40	1:54:12	2:30	1	-	7	8:00
Lauf	10.00	44:07	4:24	3	4:34	8	5:16	55.40	2:38:19	2:51	2	4:13	8	13:16