



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Kemper, Christoph

Total time: 2:42:00

Club: Tri Sport Menden (VFL Platte Heide)

Number: 382

Course: 55.40 km

Rank in course/Total: 12 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 12 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 2(of 5)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:40:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	26:35	18:59	1	-	24	11:37	1.40	26:35	18:59	1	-	24	11:37
Wechsel S -> R	-	4:09	-	4	1:34	49	2:11	1.40	30:44	21:57	3	0:49	27	6:48
Schwimmen Total	1.40	30:44	21:57	3	0:49	27	6:48	1.40	30:44	21:57	3	0:49	27	6:48
Rad netto	44.00	1:21:45	1:51	1	-	8	1:21:43	45.40	1:52:29	2:28	1	-	13	1:26:54
Wechsel R -> L	-	2:59	-	4	0:53	58	1:33	45.40	1:55:28	2:32	2	0:53	11	9:16
Rad Total	44.00	1:24:44	1:55	2	0:04	7	3:31	45.40	1:55:28	2:32	2	0:53	11	9:16
Lauf	10.00	46:32	4:39	3	0:41	22	7:41	55.40	2:42:00	2:55	2	1:34	12	16:57