



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Kohlisch, Hansi

Total time: 1:43:13

Club: Team B Brölio

Number: 186

Course: 25.70 km

Rank in course/Total: 98 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 76 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 5(of 6)

Senioren 5 (60-64 Jahre)

Best time in the category: 1:17:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:45	21:04	3	1:45	32	5:27	0.70	14:45	21:04	3	1:45	32	5:27
Wechsel S -> R	-	3:15	-	4	1:06	57	1:42	0.70	18:00	25:42	3	2:51	34	7:04
Schwimmen Total	0.70	18:00	25:42	3	2:51	34	7:04	0.70	18:00	25:42	3	2:51	34	7:04
Rad netto	20.00	50:16	2:30	6	11:21	80	16:29	20.70	1:08:16	3:17	5	14:12	70	23:32
Wechsel R -> L	-	2:03	-	3	0:26	52	1:00	20.70	1:10:19	3:23	5	14:37	66	24:24
Rad Total	20.00	52:19	2:36	5	11:46	78	17:21	20.70	1:10:19	3:23	5	14:37	66	24:24
Lauf	5.00	32:54	6:34	6	11:08	83	15:26	25.70	1:43:13	4:00	5	25:45	76	39:18