



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Baukowitz, Anna Lena

Total time: 1:44:55

Club: Feuerwehr Menden

Number: 152

Course: 25.70 km

Rank in course/Total: 102 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 23 (of 26)

Best time in course: 1:12:25

Category:

Rank in category: 1(of 1)

Juniorinnen (18+19 Jahre)

Best time in the category: 1:44:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	19:14	27:28	1	-	22	8:04	0.70	19:14	27:28	1	-	22	8:04
Wechsel S -> R	-	3:24	-	1	-	19	1:40	0.70	22:38	32:20	1	-	22	9:44
Schwimmen Total	0.70	22:38	32:20	1	-	22	9:44	0.70	22:38	32:20	1	-	22	9:44
Rad netto	20.00	49:40	2:29	1	-	20	10:40	20.70	1:12:18	3:29	1	-	23	20:24
Wechsel R -> L	-	2:20	-	1	-	17	1:17	20.70	1:14:38	3:36	1	-	23	21:36
Rad Total	20.00	52:00	2:36	1	-	20	11:52	20.70	1:14:38	3:36	1	-	23	21:36
Lauf	5.00	30:17	6:03	1	-	24	10:54	25.70	1:44:55	4:04	1	-	23	32:30