



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

**Lenhardt, Ellena**

**Total time: 9:07**

Club: algemarin Team TuS Griesheim

Number: 8

Course: 1.94 km

Rank in course/Total: 5 (of 15)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Women: 4 (of 8)

Best time in course: 8:17

Category:

Rank in category: 1(of 4)

weibliche Schüler C (8+9 Jahre)

Best time in the category: 9:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.04	1:02	25:50	1	-	4	0:25	0.04	1:02	25:50	1	-	4	0:25
Wechsel S -> R	-	1:58	-	1	-	3	0:07	0.04	3:00	75:00	1	-	4	0:32
Schwimmen Total	0.04	3:00	75:00	1	-	4	0:32	0.04	3:00	75:00	1	-	4	0:32
Rad netto	1.50	-	-	3		7		1.54	3:00	1:56	1	-	2	0:05
Wechsel R -> L	-	4:06	-	3	2:48	7	3:12	1.54	7:06	4:36	1	-	4	0:38
Rad Total	1.50	4:06	2:43	1	-	4	0:14	1.54	7:06	4:36	1	-	4	0:38
Lauf	0.40	2:01	5:02	3	0:05	6	0:14	1.94	9:07	4:41	1	-	4	0:50