



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

krebs, marco

Total time: 2:46:21

Club: marathon soest

Number: 354

Course: 55.40 km

Rank in course/Total: 18 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 18 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 3(of 5)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:40:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	27:39	19:45	3	1:04	33	12:41	1.40	27:39	19:45	3	1:04	33	12:41	
Wechsel S -> R	-	3:02	-	2	0:27	20	1:04	1.40	30:41	21:55	2	0:46	26	6:45	
Schwimmen Total	1.40	30:41	21:55	2	0:46	26	6:45	1.40	30:41	21:55	2	0:46	26	6:45	
Rad netto	44.00	1:26:46	1:58	3	5:01	20	1:26:44	45.40	1:57:27	2:35	3	4:58	20	1:31:52	
Wechsel R -> L	-	2:17	-	3	0:11	28	0:51	45.40	1:59:44	2:38	3	5:09	18	13:32	
Rad Total	44.00	1:29:03	2:01	3	4:23	18	7:50	45.40	1:59:44	2:38	3	5:09	18	13:32	
Lauf	10.00	46:37	4:39	4	0:46	23	7:46	55.40	2:46:21	3:00	3	5:55	18	21:18	