



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Jaeger, Frederik

Club: Tri-Club Paderborn

Number: 332

Course: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

Category:

AK2 männlich (25-29 Jahre)

Total time: 2:36:36

Rank in course/Total: 6 (of 87)

Rank in course/Men: 6 (of 74)

Best time in course: 2:25:03

Rank in category: 1(of 7)

Best time in the category: 2:36:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	21:40	15:28	2	0:28	3	6:42	1.40	21:40	15:28	2	0:28	3	6:42
Wechsel S -> R	-	2:21	-	2	0:07	5	0:23	1.40	24:01	17:09	2	0:05	2	0:05
Schwimmen Total	1.40	24:01	17:09	2	0:05	2	0:05	1.40	24:01	17:09	2	0:05	2	0:05
Rad netto	44.00	1:25:57	1:57	2	1:24:45	17	1:25:55	45.40	1:49:58	2:25	2	1:24:23	9	1:24:23
Wechsel R -> L	-	1:41	-	1	-	5	0:15	45.40	1:51:39	2:27	1	-	5	5:27
Rad Total	44.00	1:27:38	1:59	1	-	11	6:25	45.40	1:51:39	2:27	1	-	5	5:27
Lauf	10.00	44:57	4:29	1	-	14	6:06	55.40	2:36:36	2:49	1	-	6	11:33