



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Keil, Oliver

Total time: 2:50:58

Club: Waldseehaie Langen

Number: 361

Course: 55.40 km

Rank in course/Total: 26 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 25 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 5(of 15)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.40 | 27:50 | 19:52 | 7 | 4:26 | 35 | 12:52 | 1.40 | 27:50 | 19:52 | 7 | 4:26 | 35 | 12:52 |
| Wechsel S -> R | - | 2:34 | - | 2 | 0:05 | 8 | 0:36 | 1.40 | 30:24 | 21:42 | 6 | 3:14 | 23 | 6:28 |
| Schwimmen Total | 1.40 | 30:24 | 21:42 | 6 | 3:14 | 23 | 6:28 | 1.40 | 30:24 | 21:42 | 6 | 3:14 | 23 | 6:28 |
| Rad netto | 44.00 | 1:31:04 | 2:04 | 9 | 11:04 | 40 | 1:31:02 | 45.40 | 2:01:28 | 2:40 | 6 | 11:48 | 32 | 1:35:53 |
| Wechsel R -> L | - | 2:02 | - | 3 | 0:24 | 11 | 0:36 | 45.40 | 2:03:30 | 2:43 | 6 | 11:51 | 28 | 17:18 |
| Rad Total | 44.00 | 1:33:06 | 2:06 | 7 | 11:07 | 34 | 11:53 | 45.40 | 2:03:30 | 2:43 | 6 | 11:51 | 28 | 17:18 |
| Lauf | 10.00 | 47:28 | 4:44 | 3 | 2:35 | 26 | 8:37 | 55.40 | 2:50:58 | 3:05 | 5 | 13:41 | 25 | 25:55 |