



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

**Heidebauer, Stefan**

**Total time: 1:53:24**

Club: keine Mitgliedschaft

Number: 135

Course: 25.70 km

Rank in course/Total: 109 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 85 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 13(of 13)

AK2 männlich (25-29 Jahre)

Best time in the category: 1:04:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	18:46	26:48	12	9:28	74	9:28	0.70	18:46	26:48	12	9:28	74	9:28
Wechsel S -> R	-	3:50	-	13	2:12	72	2:17	0.70	22:36	32:17	13	11:40	72	11:40
Schwimmen Total	0.70	22:36	32:17	13	11:40	72	11:40	0.70	22:36	32:17	13	11:40	72	11:40
Rad netto	20.00	59:14	2:57	13	24:47	85	25:27	20.70	1:21:50	3:57	13	36:11	85	37:06
Wechsel R -> L	-	1:49	-	8	0:25	39	0:46	20.70	1:23:39	4:02	13	36:36	85	37:44
Rad Total	20.00	1:01:03	3:03	13	25:04	85	26:05	20.70	1:23:39	4:02	13	36:36	85	37:44
Lauf	5.00	29:45	5:57	12	12:17	78	12:17	25.70	1:53:24	4:24	13	48:53	85	49:29