



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Hämmerling, Bartosch

Total time: 2:54:42

Club: ASC Ahlen

Number: 323

Course: 55.40 km

Rank in course/Total: 34 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 34 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 5(of 7)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:34:06

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	30:09	21:32	5	7:11	55	15:11	1.40	30:09	21:32	5	7:11	55	15:11
Wechsel S -> R	-	3:07	-	4	0:20	23	1:09	1.40	33:16	23:45	5	7:31	48	9:20
Schwimmen Total	1.40	33:16	23:45	5	7:31	48	9:20	1.40	33:16	23:45	5	7:31	48	9:20
Rad netto	44.00	1:29:17	2:01	5	1:29:13	28	1:29:15	45.40	2:02:33	2:41	6	1:16:20	37	1:36:58
Wechsel R -> L	-	2:25	-	3	0:18	33	0:59	45.40	2:04:58	2:45	5	10:46	33	18:46
Rad Total	44.00	1:31:42	2:05	4	6:49	24	10:29	45.40	2:04:58	2:45	5	10:46	33	18:46
Lauf	10.00	49:44	4:58	6	10:11	39	10:53	55.40	2:54:42	3:09	5	20:36	34	29:39