



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

**Keiper, Matthias**

**Total time: 2:56:31**

Club: TV Flerke Tri Team

Number: 344

Course: 55.40 km

Rank in course/Total: 36 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 36 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 8(of 15)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	28:18	20:12	8	4:54	40	13:20	1.40	28:18	20:12	8	4:54	40	13:20
Wechsel S -> R	-	4:12	-	8	1:43	51	2:14	1.40	32:30	23:12	8	5:20	40	8:34
Schwimmen Total	1.40	32:30	23:12	8	5:20	40	8:34	1.40	32:30	23:12	8	5:20	40	8:34
Rad netto	44.00	1:30:51	2:03	8	10:51	38	1:30:49	45.40	2:03:21	2:43	8	13:41	39	1:37:46
Wechsel R -> L	-	2:28	-	8	0:50	38	1:02	45.40	2:05:49	2:46	8	14:10	37	19:37
Rad Total	44.00	1:33:19	2:07	8	11:20	35	12:06	45.40	2:05:49	2:46	8	14:10	37	19:37
Lauf	10.00	50:42	5:04	8	5:49	41	11:51	55.40	2:56:31	3:11	8	19:14	36	31:28