



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

**Sattler, Carsten**

**Total time: 2:57:09**

Club: Tritus SV Neptun Neheim

Number: 316

Course: 55.40 km

Rank in course/Total: 37 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 37 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 9(of 22)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:25:03

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	1.40	26:17	18:46	7	11:19	19	11:19	1.40	26:17	18:46	7	11:19	19	11:19
Wechsel S -> R	-	3:38	-	12	1:40	34	1:40	1.40	29:55	21:22	7	5:14	18	5:59
Schwimmen Total	1.40	29:55	21:22	7	5:14	18	5:59	1.40	29:55	21:22	7	5:14	18	5:59
Rad netto	44.00	1:35:40	2:10	15	15:59	54	1:35:38	45.40	2:05:35	2:45	11	20:50	45	1:40:00
Wechsel R -> L	-	2:27	-	11	1:01	37	1:01	45.40	2:08:02	2:49	12	21:50	43	21:50
Rad Total	44.00	1:38:07	2:13	15	16:54	51	16:54	45.40	2:08:02	2:49	12	21:50	43	21:50
Lauf	10.00	49:07	4:54	11	10:16	36	10:16	55.40	2:57:09	3:11	9	32:06	37	32:06