



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Bieker, Kay

Total time: 3:05:02

Club: Tri-As Hamm

Number: 329

Course: 55.40 km

Rank in course/Total: 51 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 48 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 14(of 22)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:25:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	27:25	19:35	10	12:27	30	12:27	1.40	27:25	19:35	10	12:27	30	12:27
Wechsel S -> R	-	4:02	-	16	2:04	43	2:04	1.40	31:27	22:27	11	6:46	34	7:31
Schwimmen Total	1.40	31:27	22:27	11	6:46	34	7:31	1.40	31:27	22:27	11	6:46	34	7:31
Rad netto	44.00	1:34:02	2:08	12	14:21	48	1:34:00	45.40	2:05:29	2:45	10	20:44	44	1:39:54
Wechsel R -> L	-	2:18	-	10	0:52	29	0:52	45.40	2:07:47	2:48	10	21:35	41	21:35
Rad Total	44.00	1:36:20	2:11	12	15:07	44	15:07	45.40	2:07:47	2:48	10	21:35	41	21:35
Lauf	10.00	57:15	5:43	18	18:24	61	18:24	55.40	3:05:02	3:20	14	39:59	48	39:59