



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

Hoffmann, Sebastian

Total time: 2:05:21

Club: Entfesselte Enten

Number: 176

Course: 25.70 km

Rank in course/Total: 110 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 86 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 14(of 14)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:15:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	21:26	30:37	12	8:13	81	12:08	0.70	21:26	30:37	12	8:13	81	12:08
Wechsel S -> R	-	3:06	-	7	0:50	48	1:33	0.70	24:32	35:02	12	8:56	80	13:36
Schwimmen Total	0.70	24:32	35:02	12	8:56	80	13:36	0.70	24:32	35:02	12	8:56	80	13:36
Rad netto	20.00	1:03:13	3:09	14	26:58	86	29:26	20.70	1:27:45	4:14	14	34:58	86	43:01
Wechsel R -> L	-	2:36	-	12	1:12	75	1:33	20.70	1:30:21	4:21	14	35:38	86	44:26
Rad Total	20.00	1:05:49	3:17	14	27:38	86	30:51	20.70	1:30:21	4:21	14	35:38	86	44:26
Lauf	5.00	35:00	7:00	13	14:04	84	17:32	25.70	2:05:21	4:52	14	49:42	86	1:01:26