



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Behr, Thorsten

Total time: 2:53:22

Club: HSC Tri Team Hamm

Number: 374

Course: 55.40 km

Rank in course/Total: 32 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 32 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 7(of 15)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:17

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	26:34	18:58	6	3:10	23	11:36	1.40	26:34	18:58	6	3:10	23	11:36	
Wechsel S -> R	-	3:23	-	5	0:54	28	1:25	1.40	29:57	21:23	5	2:47	20	6:01	
Schwimmen Total	1.40	29:57	21:23	5	2:47	20	6:01	1.40	29:57	21:23	5	2:47	20	6:01	
Rad netto	44.00	1:30:15	2:03	6	10:15	35	1:30:13	45.40	2:00:12	2:38	5	10:32	27	1:34:37	
Wechsel R -> L	-	2:21	-	6	0:43	31	0:55	45.40	2:02:33	2:41	5	10:54	25	16:21	
Rad Total	44.00	1:32:36	2:06	6	10:37	29	11:23	45.40	2:02:33	2:41	5	10:54	25	16:21	
Lauf	10.00	50:49	5:04	9	5:56	42	11:58	55.40	2:53:22	3:07	7	16:05	32	28:19	