



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Weiß, Christoph

Club: MTG Horst Essen

Number: 349

Course: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

Category:

Senioren 2 (45-49 Jahre)

Total time: 3:06:44

Rank in course/Total: 55 (of 87)

Rank in course/Men: 52 (of 74)

Best time in course: 2:25:03

Rank in category: 16(of 22)

Best time in the category: 2:25:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	35:12	25:08	20	20:14	68	20:14	1.40	35:12	25:08	20	20:14	68	20:14
Wechsel S -> R	-	3:33	-	10	1:35	31	1:35	1.40	38:45	27:40	19	14:04	67	14:49
Schwimmen Total	1.40	38:45	27:40	19	14:04	67	14:49	1.40	38:45	27:40	19	14:04	67	14:49
Rad netto	44.00	1:37:04	2:12	19	17:23	60	1:37:02	45.40	2:15:49	2:59	20	31:04	65	1:50:14
Wechsel R -> L	-	2:59	-	17	1:33	58	1:33	45.40	2:18:48	3:03	19	32:36	61	32:36
Rad Total	44.00	1:40:03	2:16	20	18:50	57	18:50	45.40	2:18:48	3:03	19	32:36	61	32:36
Lauf	10.00	47:56	4:47	8	9:05	29	9:05	55.40	3:06:44	3:22	16	41:41	52	41:41