



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Klaus, Stefan

Total time: 3:09:05

Club: TRI Sport Menden

Number: 348

Course: 55.40 km

Rank in course/Total: 61 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 56 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 3(of 5)

AK3 männlich (30-34 Jahre)

Best time in the category: 2:47:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	28:34	20:24	3	2:46	42	13:36	1.40	28:34	20:24	3	2:46	42	13:36
Wechsel S -> R	-	3:52	-	1	-	38	1:54	1.40	32:26	23:09	3	1:21	39	8:30
Schwimmen Total	1.40	32:26	23:09	3	1:21	39	8:30	1.40	32:26	23:09	3	1:21	39	8:30
Rad netto	44.00	1:36:21	2:11	3	10:26	58	1:36:19	45.40	2:08:47	2:50	3	8:27	53	1:43:12
Wechsel R -> L	-	3:58	-	5	1:47	68	2:32	45.40	2:12:45	2:55	3	10:14	52	26:33
Rad Total	44.00	1:40:19	2:16	3	12:13	59	19:06	45.40	2:12:45	2:55	3	10:14	52	26:33
Lauf	10.00	56:20	5:38	4	10:52	58	17:29	55.40	3:09:05	3:24	3	21:06	56	44:02