



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Krasch, Joachim

Total time: 3:10:24

Club: -

Number: 355

Course: 55.40 km

Rank in course/Total: 66 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 60 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 19(of 22)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:25:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	km	Time					
Schwimmen nett	1.40	33:11	23:42	19	18:13	65	18:13	1.40	33:11	23:42	19	18:13	65	18:13
Wechsel S -> R	-	5:20	-	21	3:22	67	3:22	1.40	38:31	27:30	18	13:50	66	14:35
Schwimmen Total	1.40	38:31	27:30	18	13:50	66	14:35	1.40	38:31	27:30	18	13:50	66	14:35
Rad netto	44.00	1:34:27	2:08	13	14:46	50	1:34:25	45.40	2:12:58	2:55	17	28:13	59	1:47:23
Wechsel R -> L	-	2:45	-	13	1:19	48	1:19	45.40	2:15:43	2:59	17	29:31	56	29:31
Rad Total	44.00	1:37:12	2:12	13	15:59	47	15:59	45.40	2:15:43	2:59	17	29:31	56	29:31
Lauf	10.00	54:41	5:28	15	15:50	53	15:50	55.40	3:10:24	3:26	19	45:21	60	45:21