



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Urban, Detlef

Total time: 3:15:36

Club: VFL Eintracht Hannover

Number: 398

Course: 55.40 km

Rank in course/Total: 70 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 63 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 13(of 15)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:37:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.40 | 32:10 | 22:58 | 14 | 8:46 | 63 | 17:12 | 1.40 | 32:10 | 22:58 | 14 | 8:46 | 63 | 17:12 |
| Wechsel S -> R | - | 4:19 | - | 10 | 1:50 | 54 | 2:21 | 1.40 | 36:29 | 26:03 | 14 | 9:19 | 62 | 12:33 |
| Schwimmen Total | 1.40 | 36:29 | 26:03 | 14 | 9:19 | 62 | 12:33 | 1.40 | 36:29 | 26:03 | 14 | 9:19 | 62 | 12:33 |
| Rad netto | 44.00 | 1:41:00 | 2:17 | 14 | 21:00 | 67 | 1:40:58 | 45.40 | 2:17:29 | 3:01 | 14 | 27:49 | 68 | 1:51:54 |
| Wechsel R -> L | - | 2:51 | - | 12 | 1:13 | 53 | 1:25 | 45.40 | 2:20:20 | 3:05 | 14 | 28:41 | 65 | 34:08 |
| Rad Total | 44.00 | 1:43:51 | 2:21 | 13 | 21:52 | 63 | 22:38 | 45.40 | 2:20:20 | 3:05 | 14 | 28:41 | 65 | 34:08 |
| Lauf | 10.00 | 55:16 | 5:31 | 12 | 10:23 | 56 | 16:25 | 55.40 | 3:15:36 | 3:31 | 13 | 38:19 | 63 | 50:33 |