



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Petri, Sonja

Total time: 3:18:09

Club: Tritus SV Neptun Neheim-Hüsten

Number: 312

Course: 55.40 km

Rank in course/Total: 72 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 9 (of 13)

Best time in course: 3:01:40

Category:

Rank in category: 2(of 2)

Seniorinnen 1 (40-44 Jahre)

Best time in the category: 3:15:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.40	30:12	21:34	2	5:12	8	5:12	1.40	30:12	21:34	2	5:12	8	5:12
Wechsel S -> R	-	4:43	-	2	1:10	10	2:15	1.40	34:55	24:56	2	6:22	8	6:22
Schwimmen Total	1.40	34:55	24:56	2	6:22	8	6:22	1.40	34:55	24:56	2	6:22	8	6:22
Rad netto	44.00	1:43:49	2:21	1	-	8	8:09	45.40	2:18:44	3:03	2	5:57	9	10:04
Wechsel R -> L	-	3:15	-	2	0:21	12	1:10	45.40	2:21:59	3:07	2	6:18	9	10:56
Rad Total	44.00	1:47:04	2:25	1	-	8	8:53	45.40	2:21:59	3:07	2	6:18	9	10:56
Lauf	10.00	56:10	5:36	1	-	9	8:21	55.40	3:18:09	3:34	2	2:19	9	16:29