



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Mertesdorf, Michael

Total time: 3:18:44

Club: TCEC Mainz

Number: 377

Course: 55.40 km

Rank in course/Total: 73 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 64 (of 74)

Best time in course: 2:25:03

Category:

Rank in category: 20(of 22)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:25:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	32:08	22:57	18	17:10	62	17:10	1.40	32:08	22:57	18	17:10	62	17:10	
Wechsel S -> R	-	5:07	-	19	3:09	63	3:09	1.40	37:15	26:36	17	12:34	64	13:19	
Schwimmen Total	1.40	37:15	26:36	17	12:34	64	13:19	1.40	37:15	26:36	17	12:34	64	13:19	
Rad netto	44.00	1:38:55	2:14	21	19:14	64	1:38:53	45.40	2:16:10	2:59	21	31:25	67	1:50:35	
Wechsel R -> L	-	3:32	-	20	2:06	64	2:06	45.40	2:19:42	3:04	21	33:30	63	33:30	
Rad Total	44.00	1:42:27	2:19	21	21:14	62	21:14	45.40	2:19:42	3:04	21	33:30	63	33:30	
Lauf	10.00	59:02	5:54	20	20:11	65	20:11	55.40	3:18:44	3:35	20	53:41	64	53:41	