



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Henke, Eva

Total time: 3:28:05

Club: T.C.Büren

Number: 304

Course: 55.40 km

Rank in course/Total: 80 (of 87)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 12 (of 13)

Best time in course: 3:01:40

Category:

Rank in category: 1(of 1)

Seniorinnen 3 (50-54 Jahre)

Best time in the category: 3:28:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.40	30:58	22:07	1	-	10	5:58	1.40	30:58	22:07	1	-	10	5:58
Wechsel S -> R	-	4:38	-	1	-	9	2:10	1.40	35:36	25:25	1	-	10	7:03
Schwimmen Total	1.40	35:36	25:25	1	-	10	7:03	1.40	35:36	25:25	1	-	10	7:03
Rad netto	44.00	1:49:40	2:29	1	-	11	14:00	45.40	2:25:16	3:11	1	-	11	16:36
Wechsel R -> L	-	2:52	-	1	-	7	0:47	45.40	2:28:08	3:15	1	-	11	17:05
Rad Total	44.00	1:52:32	2:33	1	-	11	14:21	45.40	2:28:08	3:15	1	-	11	17:05
Lauf	10.00	59:57	5:59	1	-	11	12:08	55.40	3:28:05	3:45	1	-	12	26:25